SOPHOMORE CHECKLIST FOR: Update your Student Involvement Profile Fall (Academic Advising) Spring (Academic Advising) Update your NHS Academic and Career Plan (with Counselor) Write your 10th Grade Goals (Fall with Counselor) _ Update with freshman PreACT test results (Previous Spring or Fall with Counselor) _ Update your 4 Year Plan (Fall/Winter with Counselor) __Update with your Xello Career Result Information (Winter with Counselor) 10th Grade Goal Reflection (Spring with Counselor) Complete Assessments in Xello Matchmaker & Personality Quiz Review Complete Learning Style Complete Skills Lab Review HS Counseling 101 Worksheet (Sept. with Counselor) Complete ACT Mosaic SEL Assessment (Fall with Academic Advisor) Post-Secondary Plans Week (Oct) Attend UW Presentation/Panel (Oct 7) Attend Tech School Presentation/Panel (Oct 8) ____ Attend Apprenticeship/Direct Workforce Presentation/Panel (Oct 9) Attend Military Presentation/Panel (Oct 10) Attend Sophomore Night with parent/guardian: Oct. 10 @ 6:00 PM - PIT 10th Grade Post Secondary Plans Project (GRADED) in English 10/Counselor (Nov) Create Time & Stress Management Plans (Dec. with Counselor) Individual Sophomore Meeting to plan for 25-26 class schedule/Counselor (Dec) ASVAB Test and Career Seminar (January) Attend ACP Night: January 27, 2025 from 6:00-8:00 PM Register for 25-25 classes and complete Anger Assessment (February) Attend 10th Grade ACP field trip to UWEC and CVTC (March) Create a resume (GRADED) and attend Mock Interview in English 10/Counselor (Mar/Apr) Attend Healthy Relationships (PDC) and Sex & the Law Presentation (NPD) (April) Attend 10th Grade MACCI Career Expo Field Trip (April) End of Year Reflection/Wrap Up (May)

Attachme

End of Year Reflection: